

Nature intended man to be happy and to be able to give

Smile All the While

Look at healthy children-look at the healthy man or woman-and you see the pleasures that come from perfect health—the protection that wards off the excesses of life to-day

Ground Chocolate,

the perfect food drink-braces up the system -strengthens the body and enthuses the brain into perfect activitybesides it pleases the palate, too.

> 30 cups of a delicious drink 25c



EXCURSION TO SALT LAKE VIA SAN PEDRO

Mme. Nordica will appear at the grand opening of the new Colonial Theatre, Salt Lake City, Nov. 18, 1908, for which occasion the San Pedro will make excursion rates, good on all trains during the day, as follows:

FROM RATE TIME

Payson \$1.50 11:16 a.m 3:12 pm Sp Fork 1.40 11:35 " 3:30 " Spring'lle 1.25 11:44 " 3:39 " Provo 1.00 F101 " 8153 " Pl. Grove 1.00 8:25 " 4.18 " Am. Fork 1.00 8:32 " 4:24 " 1.00 8:39 " 4:30 " Lehi June. 1.00 8:45 " 4:37 "

Returning leaves Salt Lake city at 11:40 p.m., running through to Payson, Utah.

Mme. Nordica needs no introduc-Route.

LOCKSMITHS

J Q. DAVIS, 192 South Fourth West St. Scissors, Razors, Knives, Lawn Mowers sharpened. Keys made and locks repaired.

Dr. Alexander, the Salt Lake optician, will be at 160 South First west next Wednesday, for one day

Hindselman, graduate opticiat at Taylor Bros., fits the hard to fit. For eye trouble see him,

Marshall's Bakery and Confectionary at 124 West Center is the place to get your cake and confections, Riverdale butter and fresh

Riverdale Brand Best Creamery Butter, Fresh Eggs, and "That Good Bread," at Marshalls, 124 west center, Ind. Phone 46.

FOR SALE-We have a fine piece of Main street property for sale at a bargain. It is located at 58 West Center street. You had better buy it .- W. H SAY & Co.

The Grier House is serving fresh

Hindselman can make your old watch keep correct time. Can also for the right price suit your best girl with a ring or watch,

For your hand bags and stylish combs go to Taylor Bros.

See Taylor Bros. for diamonds, Let Dr. Heindselman test your

Pleasant, sure, easy, safe little liver Pills, are DeWitt's Little Early Risers. They are easy to take, and act gently. We sell and recommend them. Palace Drug Co.

For Sale -- A first class piano. A



Louis James at Opera House Tuesday, Nov. 17.

-- WINTER EXCURSION RATES TO-

Southern California

Now on Sale.



Two Palatial trains daily. Unexcelled Dining Car service A La Carte. Standard and Tourist Sleepers.



For further information ask any Salt Lake Route agent, or write

J. H. Manderfield, A.D.P.A.,

Salt Lake City

Sutton Market

Don't forget the Sutton Market is the Place to buy what you EAT

Both Phones

25 North Academy Avenue

Pelace Prug Co.

Prescription on aperative We air for and colour y no prescripto a de and work of the class day of

foring winder mouth, by the tran-

take it to Hambertonn at Taylor thes. He can make it run. It blue that great bread up to Mor

amily 186 Was Cir or Kennedy's Laxative Cough Syrup not only heats initiation and almys inflammation, thereby stopping the cough, but it moves the bowels gently and in that way strives the goal from the system. Contains no opinies. It is pleasant to take, and children espec-

ROCK SPRINGS COAL. Place your order with the Independent Company Opposite Woole

sally like the taste, so nearly like ma-

ple sugar, Bold by Parace Drug Co.

FOR Sale -- A First Class Piene at a bargain if taker quick. Call Ito W. Center, or Bell phone has Red. 21

The Domestic Steam Laundry ous both 'phones; Bell 'phone No 203 blk, the Independent No. 26 The bundry is situated on south Academy Avenue.

BOARDERS WANTED-At 261 North Academy Ave. First class oom and board.

For your weak eyes, see Dr. Heiselmen, Graduate Optician at Taylor Bros.

Dr. Heindselman carries an elegant line of watches and rings.

Your thanksgiving dinner will not be complete without a bottle of our wire. Elihorn Pharmacy. C. A. Hedquist, Proprietor.

Wine by the gallon or Bottle go to the Eikhorn for quality and prices.

MR. SWELL DRESSER

We are furnishing a great many people with the best in the furnishing goods line. Why not you, Mr. Swell Dresser?

Our line of clothing is always ready for the most critical observer. No broken down fronts, no wrinkles just below the collar. The Roycroft Clothing, \$10.00 to \$30.

We Have an Elegant Line of

Pelt lined Corduroys and Canvas coats with warm bat collars from \$5 to \$7. Just the thing for the coming cold snap.

Ball Band Rubber Boots

The Staley line of wool underwear for men of all builds from \$3 to \$6. Two-piece and Union Suits.

Heavy Wool Hose, 25c.

Fancy, plain black, tan gray and clerical brown cashmere hose for 25c.

The Priestly Cravanetti Overcoats from \$15 to \$25

Blue Flannel Shirts, \$1.50 to \$2.50

TOGGERY"

56 North

Academy Ave.

One Cash Price

Some Laundry Facts

ing their clothes to the faundry, we are now prepared to announce that we have evereeme all these objections. First, we have done away with the old methods of laundrying and have installed an apto-date, modern plant, and invite the public to call and see how

New Machinery, New Methods

We have spent hundreds of dollars for the latest improved machinery. Our new washing machines do not wear and tear the clothes. Our new ironing machine does not rub, but presses, therefore doing away with the wear and tear, besides doing much better work than can be done at home or by the old time laundry.

Cost of Home Washing

The cost of a family washing and ironing done at home will amount to about \$1.75, allowing one for the washerwoman's wages and the remainder for soap, blueing, coal, the washer soman's dinner and the wear of the implements; besides the annoyance and discomfort. There is also danger of the children contracting colds on wash day which sometimes bridg on serious sickness and a doctor bill that would pay for the family washing for a who'e year.

Provo Steam Laundry J. N. Gulick, Prop. W. Center

Current Time-Table

			THAN LEGAO LOK EVET	
	2 8	for for	all points east. 59:81 a Sampete points 8:55 all points east 3:28 p Tinte points 6:04 all points east 8:11	m.
o.	5	for	"LEAVESPROVO FOR WEST west and north	m.

LEAVE PROVO FOR NORTH

ARRIVE PROVO FROM NORTH No. 121 from Heber..... 8:45 p.m. The only line to Ogden and Denver without change. Free

mmmmmmmermmerm

At the Grand Theatre Thursday, Fri., Saturday Noy. 12. 13 and 14.

As an extraordinary attraction, we present Prof. Frank Caswell in person, the great contortionist and acrobat in a marvelous exhibition, showing the flexibility of the human body. Mr. Caswell has been for five years with Barnum & Bailey's world famous circus. Everybody should take this opportunity of seeing this wonderful act during his short stay in town. Th program in moving pictures will be:

Fire at Sea. 2. The Naughty Little Princess Two Broken Hearts. 3. What a Razor can do 5. Loudon Reguttas

Two Illustrated Songs by Reed Strong Childrens' Matinee Saturday from 2 to 5 p. m.

manner and a summer and a summer and a summer a

Without a Single Leaf.

A custous tree grows in one of the

L'Enfant, the architect who laid out

numerous islands which are studded Washington, was born in Parls in 4754 thout the Pacine ocean. It grows, at and educated in the profession of arms. its full height, to nearly 30 feet, with He came to America during the prog breaks appeading like a huge um-brella, yet it is completely leafless, the Yorktown as a major c' engineers in perios having never been known to the continental army. One of his works show there of a strictle bud. Its say was that of remodelles Federal ball, is uneful, as a medicine, but as fuel New York city, just prior to the meetthe wood is worse than uncless, being the of congress there. He also deas hard as from and quite as difficult a need the bridge of the Order of the Cincinnatt

7 for Salt Lake 8:34 " 1 for all points west and north 1:56 p.m. 9 for Salt Lake and Ogden 4:05 " 3 for all points west and north 10:24 " No. 122 for Heber 9:15 a.m.

reclining chair cars, through sleeping cars and elegant diners on all through trains. S. K. HOOPER, I. A. BENTON. F. FOUTS.

G. P. & T. A.

G. A. P. D.

Agent.

A Close Scrutiny

by a good dentist will show treacherone cavities and defects in your teeth that will result in their loss unless you have them attended to the 1st day of December, 1908. in time. "An ounce of prevention is will be delinquent and advertised worth a pound of cure" is as true for sale at public auction, and unin regard to your teeth as to your less payment is made before, will health or eyesight. Have your teeth be sold on the 24 day of Dec., 1908, examined and kept in good condition by a good dentist, and you will preserve them through life.

UTAH DENTAL CO.

Electrical Power for Lapland. it is stated that the building of a arge new electric power station in a land is shortly to be taken in and, Either the Norr or Sederland is will be used, and it is proposed ercet the power station close to he Brunland railway kiation and within about ten miles of the sea. The

ASSESSMENT NOTICE.

Lilly Mining Company, principal place of business, Provo city, Notice is hereby given that at a

meeting of the board of directors of the Lilly Mining Company, held on the 29th day of October, 1908, an asserament, number 7, of one-half cent per share was levied on the capital stock of the corporation payable before the 1st day of December, 1908, to the secretary, Grant C. Bagley, at bis office, No. 57 North Academy Avenue, Provo city, Utah.

Any stock upon which this ussessment may remain unpaid on st 2 p. m., to pay the delinquest assessment, together with the o'sis of advertising and expense of sale.

GRANT C. BAGLEY. Secretary No. 57 N. Academy Ave. Provo, Utab. Dated October 31, 1908.

Drink When Flying.

engerly antipped up.

Swallows are said to be the only birds that take their food from the air and drink when tlying. On first or riving in this country the birds feed power available is estimated at \$8,009 mer advances winged beetles are also

DEMOCRAT" AD FOR RESULTS-TRY IT